

**The Best Strategies for Meaningful Change in Life-A Gift for 2024-25:**

**A Phenomenological Study**

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**Abstract**



*An individual can become a polished gem with a good rub in this era of social isolation. Change is the only permanent thing that rules the world. All manifestations of nature go through change. The man also experienced this change from the Stone Age to the Modern Age. This paper concentrates on investigating the best strategies for meaningful change in life. These research questions were discussed; what is change in different manifestations of nature? What is a meaningful change in life? What are the best strategies for meaningful change in life? To collect data from the participants, the researcher used the qualitative design. Moustakas' (1994) method of phenomenological data analysis which is an improved form of Van Kaam's (1966) and Colaizzi's (1978) methods were used for analysis of the collected data. Moustakas analytical method comprises epokhe, horizontalization, phenomenological reduction, imaginative variations, and synthesis (Katsirikou & Lin, 2017). Findings showed that the best strategies for meaningful change in life are perfect planning, setting goals, efficient use of time, an amalgamation of cognitive, physical, and spiritual powers, working toward better working relationships and environment, and making progress by keeping the product in mind. It is recommended that the best strategies be investigated to bring better change in life in 2023 and onward.*

**Keywords:** Education; Change; Meaningful Change in Life; Strategies for Meaningful Change

**Introduction**

Change is a phase of life. Nothing in this world is permanent. The only change is permanent. Change is a comprehensive word in meaning and application to life. It means some sort of alteration in the present state of things. This alteration introduces an element of newness to everything in nature or the world of science (Stacey, 2023).

Change is unanimously accepted food of life. Its opposite condition is stagnation; stagnation is a chronic word that brings physical death, moral death, and spiritual death. But man prefers moral and spiritual life to physical life because physical deals with animals and the rest belong to human beings. There is a lot of difference in essence between animals and men. So when the essence of man is placed in stagnation, it dies. Therefore, man's life is the same as animal life. Therefore, man tries to adopt change from one condition to another in life and it is natural law that man likes change. Without change he becomes bored. He changes his food, apparel, house, and profession, mode of life, relationship, and even society. It is concluded that man's life is a progressive chain of changes from the start to the end both natural and man-made (Glass, 2013).

Change is a natural law. Yesterday is not today, today is not yesterday or tomorrow. In reality, every day is different from other day. Every day is drawn with its peculiar perspective and this has been in force since time birth and will remain till eternity. Century is replaced with another century, kingdoms with other kingdoms, priesthoods with another priesthood, old ideas and values by new ideas and values, purdah replaced by emancipation in the world, and spiritualism replaced by materialism. It is established that throughout the world, and every sphere of life, a continuous process of change is going on despite our liking and disliking. It is a fact that older orders change and produce new ones (Oakes et al., 2018).

In this ever-changing globe, man cannot remain static. The material world is continuously changing. Man must change and adapt to the changing material world to avoid falling into backwaters. Change is the first condition of social progress. No response to change is meant to decay, for social order is a human device. Its institutions are made by man because of the demands of time.

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Therefore change is the order of the universe, accept it with grace and live up to its demands (McMichael & Weber, 2020).

Learning strategies are thinking critically, originality, teamwork, and communiqué. Literacy stratagems are info learning, press knowledge, and technological mastery. Life schemes are suppleness, management, ingenuity, efficiency, and communal services. Teachers must instruct their students with this new and modern expertise make strengthen them mentally and provide a congenial working atmosphere. The purpose is to concentrate on students' discernment of facts based on printing openings with the use of technology. Robust concentration is focused on measuring reliable cradles and accurate material to distinguish it from the propaganda that overflows the internet. Life expertise takes an expression at imperceptible basics of a student's daily life. This imperceptible concentration affects both the individual and specialized abilities of students. Overall, these groupings shield entire 21st-century skills that donate to a learner's upcoming occupation. Critical thinking means finding solutions to teething troubles with objective analysis. Creativity is discerning out of the box. Teamwork is cooperating with other fellows. Communication is informing other individuals. The triangular twenty-first-century learning abilities are information literateness- considering realities, records, indicators, and documents; press literacy- thoughtfulness of the approaches and openings in which info with evidence is printed; and technological literateness- accepting the apparatuses that mark the promising and possible era of information. 5 twenty-first life talents are suppleness-differing of tactics as per requirement; management- encouraging a group to achieve an aim; resourcefulness- beginning schemes, diplomacies, and campaigns for themselves; product- up keeping effectiveness in circumstances of disturbances; and societal expertise- get-together and schmoozing with other individuals for reciprocated advantages (Signal & Rogers, 2012).

### **Research problem**

The study aimed is to explore different stratagems for meaningful change in life. Change is a part of life. Nothing in this globe is perpetual and eternal. Merely change a thing that is everlasting and long-standing. Change is an all-inclusive terminology in implication and solicitation to life. It means some kind of modification and adaptation in the existent condition of things. This modification and adaptation familiarizes a component of novelty, innovation, originality, freshness, and inventiveness to everything in nature or the scientific sphere.

### **Study Objective**

- To explore different strategies for meaningful change in life in the coming era

### **Research questions**

- What is a change that contributes to better life?
- What is meaningful change for leading a decent life in 2024-25?
- What are the different strategies for meaningful change in life in the coming years?
- What strategies may be adopted for a successful life in the upcoming time?

### **Importance and Significance**

The endeavor is significant for entire people who wish to change their lifestyles. It is motivation for students to adopt strategies to achieve success in life. Leaders need to implement these strategies for the overall development of their respective organizations. It is also noteworthy for teachers to adopt these concluded strategies to inspire their students and themselves to try hard to bring change and positive change in their lives.

### **Literature Review**

A strategy for managing change is a methodical and consistent plan for modification and transformation that comprises entirely its touching fragments, containing shareholders, means, time frame, financial plan, communiqué design, and functionalization of activities (Ahmad, Guzmán, & Kidwell, 2022).

Three successful and meaningful strategies for bringing change are to escape generating an alteration and innovative workplace independent of the remaining institute. Alteration and innovation is every person's obligation. Generating a disengaged headquarters, that do not comprise workforce haggard or swapped in of the remaining institutional jeopardies, fashioning an ethos of "calm broods" secluded from the remaining personnel. Secondly, digitalizing procedures short of reconsidering the institutionalism corporate prototypical that concentrates exclusively on information technology failures the crucial point that a speedily shifting realm necessitates innovative corporate prototypical.

Thirdly evades just appointing a sole “key executive” and it confines the whole hopes of the institute to one person (Jung & Yun, 2022).

The fast ratio of revolution in the domain of administration carries on heightening. Novel governmental rules, innovative produce, progression, augmented antagonism, high-tech advancements, and a sprouting personnel force administrations to embark on at least sensible transformation on a steady base. Yet few key alterations are welcomed with open hearts by bosses and personnel; they frequently result in long-drawn-out changeovers, anesthetized determination, passionate disturbance, and the expensive devotion of the decision-making period. Kotter and Schlesinger (1989) opine ‘Assistance tranquil the pandemonium by recognizing four rudimentary causes why individuals repel modification and contributing numerous devices to control confrontation. They posit that managers should identify the most collective causes for confrontation- a wish not to misplace something of worth, a misconstruction of the alteration and its technical hitches, a faith that the alteration does not make sagacity for the institute and a squat acceptance for change in common. As soon as they have made a diagnosis of which practice of confrontation they are fronting, leaders can select from a collection of procedures for overpowering it- schooling and communiqué, contribution and engrossment, enablement and backing, conciliation and covenant, handling and co-optation, and both obvious and hidden intimidation. They further contend, that effective and prosperous institutional transformation struggles are categorized by the dexterous use of numerous techniques, with warmth to their strong points and boundaries and a genuine evaluation of the state of affairs at the needle. Furthermore, they noted that up-and-coming planned selections transform consistently and keep fitting some important factors.

Change is a life stage. It is an all-inclusive word to life. It is a modification. This modification presents a component of novelty to the whole thing in nature. Change is unanimously the food of life. The opposite is stagnation; stagnation is a long word that brings physical death, moral death, and spiritual death. But man prefers moral and spiritual life to physical life because physical matters belong to animals and the rest to human beings. There is a big difference in nature between animals and humans. So when a person's heart stops, they die. So human life is like animals. Therefore man tries to change from one state to another and it is a natural law that man likes change. Without change he gets bored. He changes his food, his clothes, his home, his career, his lifestyle, his relationships, and even his society. It concludes that human life is a continuous series of natural and man-made changes from beginning to end (Klein, Ramos, & Deutz, 2022).

Change is given by natural law. No yesterday, no tomorrow, no tomorrow. Every day is different from other days. Every day is prepared with its unique circumstances and it is effective from the moment of birth and continues forever. Century instead of another century, the kingdoms of other kings, the reign of other kings, old ideas and values replaced by new ideas and values, freedom in the world instead of the veil, and spirituality instead of materialism. It has been well established that regardless of our likes and dislikes, a continuous process of change is going on in the whole world and every part of life. Given the fact that the old poem is changed, it makes you a new one. Man cannot survive in this changing world. The material world is constantly changing. Humans must adapt and adapt to the changing material world to prevent water from receding. Change is the first condition of social development. No response to the change was allowed because social order is a human tool. Its foundations are created by man according to the demands of the time. Nine changes have been ordered by the universe, accept them graciously and fulfil their wishes (Pelletier et al., 2022).

Thinking, creating, collaborating, and speaking are important learning strategies. Literacy Strategies include Info Literateness, Broadcasting Literateness, and Tools Literateness. Life skills are resilience, management, innovation, efficiency, and communal services. Learning skills comprise critical discerning, ingenuity, teamwork, and communiqué to instruct students in the psychological procedures needed to adjust and thrive in today's workplace. Literateness expertise focuses on what way learners understand realities and published pages. Emphasis is placed on identifying reliable means and authentic info to distinguish it from false information. Life expertise addresses the imperceptible aspects of a learner's daily life. This decentralization focuses on both private and specialized quality. Generally, this category covers all 21st-century skills that will be useful in the student's future career. Critical thinking is the search for solutions to problems through objective analysis. Creativity is extraordinary thinking. Communication means communication with others. Three skills of 21st-century information literacy - knowledge of realities, records, data, and

information; press literateness is a knowledge of the ways and means and media for disseminating info, and technological literacy is the knowledge of the tools that promise info era. The fifth one is flexibility – digression of strategies when necessary. Management - inspiring the workforce to achieve the aim; Innovation - independent initiation of plans, strategies, and projects; Ability to maintain activity during interventions; and communal services - gathering and networking together to get shared advantages (Rogers, & Euchner, 2022; Stacey, 2023).

### **Methodology**

A qualitative approach was adopted. Different professors and lecturers from the Government Post Graduate College for Women Mardan instituted the population of this research work. Purposive sampling techniques were employed to choose eight female samples [n=08]. The interview protocol was applied to accumulate relevant information. To analyze the data, thematic analysis was employed.

### **Interview Transcription with these research questions**

RQ 1: What is a change that contributes to better life?

RQ 2: What is meaningful change for leading a decent life in 2024-25?

RQ 3: What are the different strategies for meaningful change in life in the coming years?

RQ 4: What strategies may be adopted for a successful life in the upcoming time?

### **Thematic analysis**

Thematic analysis technique (Braun, & Clarke, 2019) was applied to analyze the gathered data via face-to-face sessions, succeeding six stages i.e. data familiarization, using codes to collate data, looking for nascent themes, revising, diagraming, recognizing themes, and presenting account. Data Pile was searched. Acoustic accounts were heard repeatedly to acquire familiarity with the declarations of contributors. Preliminary codes as C (Change), MC (meaningful Change), DS (Different Strategies), and SLS (Successful Life Strategies), were ordered. Themes were hunted. To keep the confidentiality of the partakers, codes were granted i.e. P1, P2...P8 for partakers one to eight in that order. The replies and explanations are presented as under:

#### **1. Acquaintance with statistics by transliterating from the auditory soundtrack**

The researchers sensibly picked 08 female partakers from Post Graduate College for Women Mardan whom we quizzed. Data were drenched at the 6<sup>th</sup> and finished at the 7<sup>th</sup> meeting. Entirely interviews were documented, eavesdropped, and transformed for understanding. Relevant declarations were transliterated from the concourse building; it was revealed that older orders are replaced by new ones, which is a great reality. Change is negative and positive. Change is a law of nature. It makes a man gladder and sadder. All natural objects go through change. The divine objects are liable to change. Stars and galaxies are born and die. Seasons change. The change of season brings great changes in the atmosphere. The lifestyles of people and animals change.

“Freedom of thought, communication, ownership, and loyalty that allows spreading across class barriers and state boundaries is changing value. The great city of Khaliq transitioned to a symbolic egalitarian republic. Education was thought to instill in men nous of duty and cultivate responsible civic qualities so that men would take a greater attentiveness in civic matters and elect intelligent individuals to lead the government. In response, it produces trained representatives of various professions, and production specialists. Good members of the community are raining. Its aim is to strengthen societal organization, foster public feeling, purify national feelings, widely accept true ideologies, and address widespread aspirations. It enhances people’s decision-making power, increases their accuracy, and improves their thinking and reasoning skills; improves their expressiveness, and power of expression, and increases their powers of observation. Learning is said to promote the blossoming of spiritual and physical faculties and harmonize feeling, thought, and action. Education builds personality. Personality makes a man. The answer was that a person can become a decent legal resident if he gets an education through hard work. He can do the impossible with his limitless energy, unlimited enthusiasm, unwavering confidence, and hard work. She said education teaches patience and tolerance of ideas. It gives hope. It is said that instruction teaches us in what way to make a living by mouth because begging is a curse. The answer was that a person in a welfare state should be treated with suspicion. He never accepts any betrayal, loves everyone, and is hostile to no one. He begins to forgive, but he doesn't become feeble or wise. It was not in his nature to insult anyone. He has an opinion and fights to prove it right, but he never creates unnecessary animosity by forcing his opinion.

In short, they are a special group of God's creatures who live a great life for the sake of humanity and who seek to establish the greatest humanity on earth throughout their lives. They are bound by their ideals, their desire to make all mankind happy, and their mission to rid the earth of cruelty and injustice. Rights were said to be based on the principle of life and welfare. There are six morals – neutrality, independence, non-violence, religious freedom, and legal review; Traditional and educational rights. The answer was that communal, financial, judicial, and sexual rights [marriage under state laws] are fundamental human rights. A balance of rights and responsibilities is necessary; otherwise, the imbalance will cause destruction and chaos. It has been revealed that Islamic values need to be implemented in practice for the betterment of society by individuals as it is lacking in the current scenario. It has been learned that true democracy leads to a better society and so on. He told him that in a welfare state, a man must keep his word. He must think for himself and never use the words he uses. He must work for the people and the state. The individual must work in a constructive spirit to educate and restore the oppressed as a united and organized nation, facing various problems for the state. They must be wise and treat themselves, their families, and the state fairly; turning to the pursuit of knowledge to become the wealth, power, and glory of their kingdom. Public services should not back down and look for other chances. In response, they argued that a person in the welfare kingdom should be involved and may be a leader, and a politician. He must be forgiving, and kind, and live by self-denial. P 6 answered that reverence for humanity, and ethical virtues can be maintained. The answers were family gatherings, self-sacrifice for a better future, and respect for people's social status. He said authorities and communities working together not only prevented criminal opportunism but also saved innocent lives. Educational leaders can play a role in preparing learners in what manner to conscious of humanity and lead pacific lives; eliminate biases; expand the mind, expand vision, increase intelligence, and increase the ability to think clearly; He also taught other community members their duties."

**Collating data with initial codes**

<b>Codes</b>	
<b>001ER</b>	"Education part is crucial. This makes a person a cheerier and more accountable legal resident. It promotes democracy and respects humanity. Education promotes dialogue and recognizes democratic regimes, freedom of thought, communication, ownership, and justice, allowing them to spread across class barriers and state borders. The great city of creator transitioned to a symbolic egalitarian republic. Education was thought to instil in men nous of duty and cultivate responsible civic qualities so that men would take a greater attentiveness in civic matters and elect intelligent individuals to lead the government. In response, it produces trained representatives of various professions, and production specialists. Good members of the community are raining. Its aim is to strengthen societal organization, foster public feeling, purify national feelings, widely accept true ideologies, and address widespread aspirations. It produces great writers, generals, politicians, trained representatives of various professions, and production specialists. Its purpose is intellectual confidence and freedom from prejudice. It broadens the mind, expands discernment, increases rational objectivity, and strengthens the power of impartial judgment. It empowers man to use his great pure mind to express its interpretations creatively. This allows her to take up any position and truly serve people. Good members of the community are raining. Its aim is to strengthen communal organization, foster public feeling, purify national feelings, widely accept true ideologies, and address widespread aspirations. It enhances people's decision-making power, increases their accuracy, and improves their thinking and reasoning skills; improves their expressiveness, and power of expression, and increases their powers of observation. Learning promotes the development of mental and physical abilities; the essential role of the school is to coordinate feelings, thoughts, and actions. Education builds character. Character makes a man; a person can become a good citizen if educated through hard work, patience, and perseverance. He can use his unlimited energy, his unbounded zeal, his unwavering confidence, and his ability to perform impossible miracles".
<b>002 IQWS</b>	"Education teaches flexibility and tolerance of ideas. It gives hope. Science teaches us in what way to make a living from mouth to mouth because prayer is good. A man in the welfare state should be treated with suspicion. He never accepts any betrayal, loves everyone, and is hostile to no one. He begins to forgive, but he doesn't become fragile or wise. It was not in his nature to insult anyone. He has an opinion and fights to prove it right, but he never creates unnecessary animosity by forcing his opinion. In short, humanity becomes an ideal. In a welfare state, people have thoughts, opinions, and ideas. They want justice and fairness. They avoid cruelty, injustice, and tyranny. In short, they are a special group of God's creatures who live a great life for the

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	sake of humanity and who seek to establish the greatest humanity on earth throughout their lives. Their dreams, their desire to make all mankind happy, are connected to their mission to rid the earth of cruelty and injustice."
<b>003 IRWS</b>	"Numerous HR exist. Equal opportunity, liberty of speaking, effort, belongings, residence, work, assembly, association, living; employment, no exploitation, the prohibition of rape by minors, and human trafficking are all basic human rights in a welfare state. Ethics freedom, self-determination, the right to change one's beliefs, casting vote, and participation in elections are imperative to people. Rights are based on the principle of long life. There are six morals – impartiality, free choice, prejudice, religious freedom, and legal remedy; traditional and educational rights. Communal, fiscal, impartiality, and wedding under laws] are peoples' rights. Equilibrium in rights and responsibilities is necessary; otherwise imbalance will lead to chaos. True democracy provides a better society for living, etc."
<b>004 IRSWS</b>	A man in the community with a constructive desire to care for and rehabilitate the victims of abuse, facing many challenges for the state. They must be careful and honest with themselves, their families, and the government; directing their minds to the search for knowledge, so that their kingdom may become rich, strong, and proud so that they can serve the masses faithfully. They must be men of principle. P 6 answered that reverence for humanity, and ethical virtues can be maintained. The answers were family gatherings, self-sacrifice for a better future, and respect for people's social status. He said authorities and communities working together not only prevented criminal opportunism but also saved innocent lives. Educational leaders can play a role in preparing learners in what manner to conscious of humanity and lead pacific lives; eliminate biases; expand the mind, expand vision, increase intelligence, and increase the ability to think clearly; He also taught other community members their duties. Educational leaders can play a role, in teaching students socially and preparing them for peaceful living. Eliminate prejudices; Increase knowledge, expand ideas, develop logical understanding and develop the ability to think clearly; teaching other members of society their duties. Educational leaders can play a part in teaching students living in community settings and preparing them for peaceful living; eliminating phytotisms; developing understanding, broadening the horizons, developing rational understanding and developing the ability to think clearly." "In the kingdom of welfare, a man must show integrity. He must think for himself and never use the words he uses. A person must work with a constructive spirit to educate and rehabilitate the oppressed as a united and organized nation, facing various problems for the state. They must be wise and treat themselves, their families, and the state fairly; Turning to the pursuit of knowledge to become the wealth, power, and glory of their kingdom. A man in the kingdom of welfare must keep himself busy with experienced matters. He must be a leader, and politician. He must be forgiving and kind. P 6 responded that reverence for humanity, and ethical virtues can be maintained. The answers were family gatherings, self-sacrifice for a better future, and respect for people's social status. He said authorities and communities working together not only prevented criminal opportunism but also saved innocent lives. Educational leaders can play a role in preparing learners in what manner to conscious of humanity and lead pacific lives; eliminate biases; expand the mind, expand vision, increase intelligence, and increase the ability to think clearly; He also taught other community members their duties".

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**Probing for themes**

**001 ER:** “To make good citizens, develop democratic character, respect for others, strengthen personal character, foster self-control, strengthen virtue, encourage honesty and integrity, enrich knowledge, enrich knowledge, represent an honest and upright person, makes sense of choice, fairness, personal responsibility, communal agreement, friendship and acceptance of mistakes”

**002 IQWS:** "Patience, Hopefulness, industriousness, Strong Personality, Attitude, Integrity, Honesty, Perseverance, Passion, Honesty, Mildness, Simplicity, Good Relationships, Respect for Others, Flexibility, Meeting, Collaboration, Good Service Advocacy, Fairness, Purity in Conditions, Surrender, Freedom, Confidence, Chastity, Purity, Sacrifice, Wicked Actions, Reverence, Humility, Absence of Ego, Noetic acceptance of external pressure".

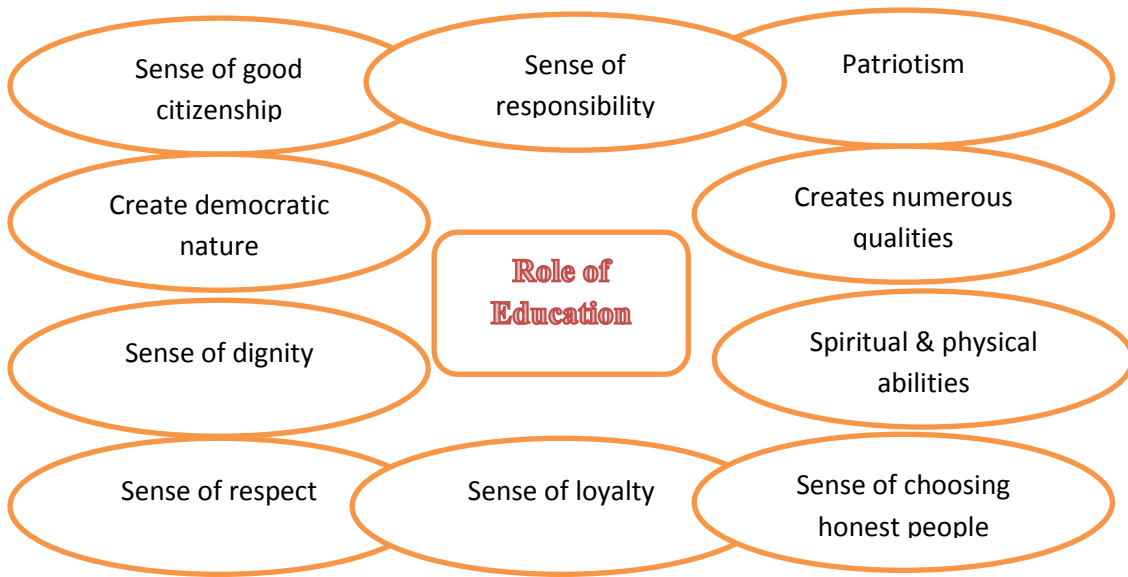
**003 IRWS:** “Right to equal opportunity, liberty of talking, right to work, housing, possessions, undertaking, sense of right and wrong, law, right to vote, contest elections, right to faith.”

**004 IRSWS:** “True to word, compassionate, hardworking, constructive spirit, helping the poor, honest, intelligent, knowledgeable, problem-solving, peace-loving, selfless, sincerely serving others, respectful, respectful selflessness, and educational concentration".

**Mapping/Appraising themes**

Themes were appraised recurrently. Thematic plotting was completed.

**Figure 1 Thematic charting (role of Education)**



**Figure 2 Thematic Mapping of Individual Attributes Word Trees**



Figure 3 Thematic charting (individual rights)

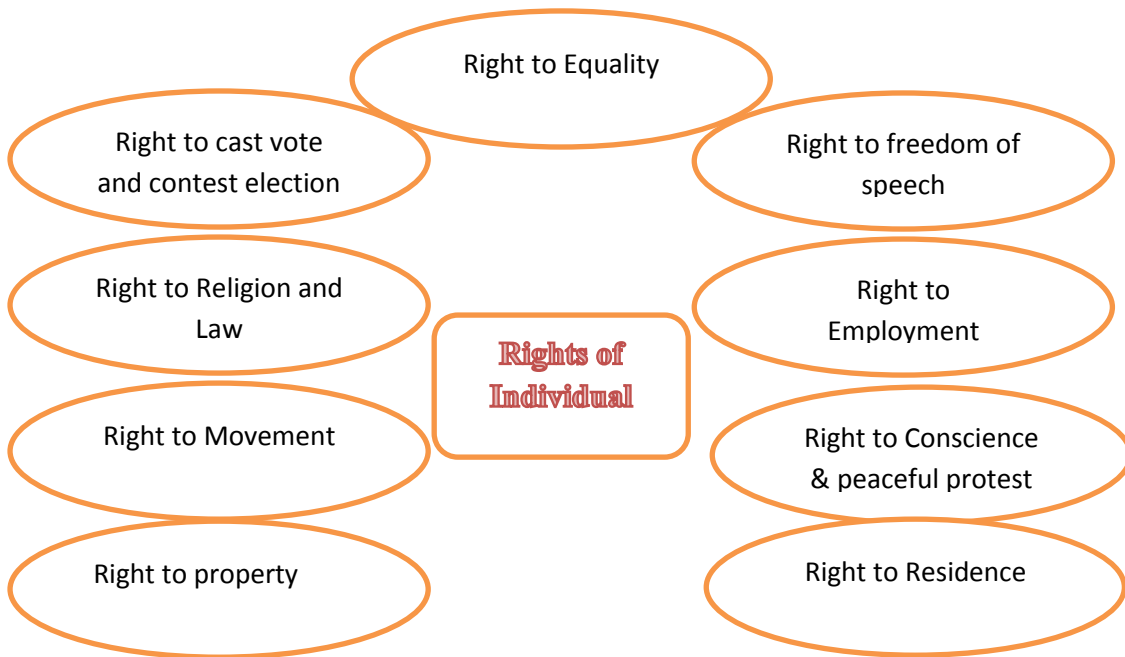
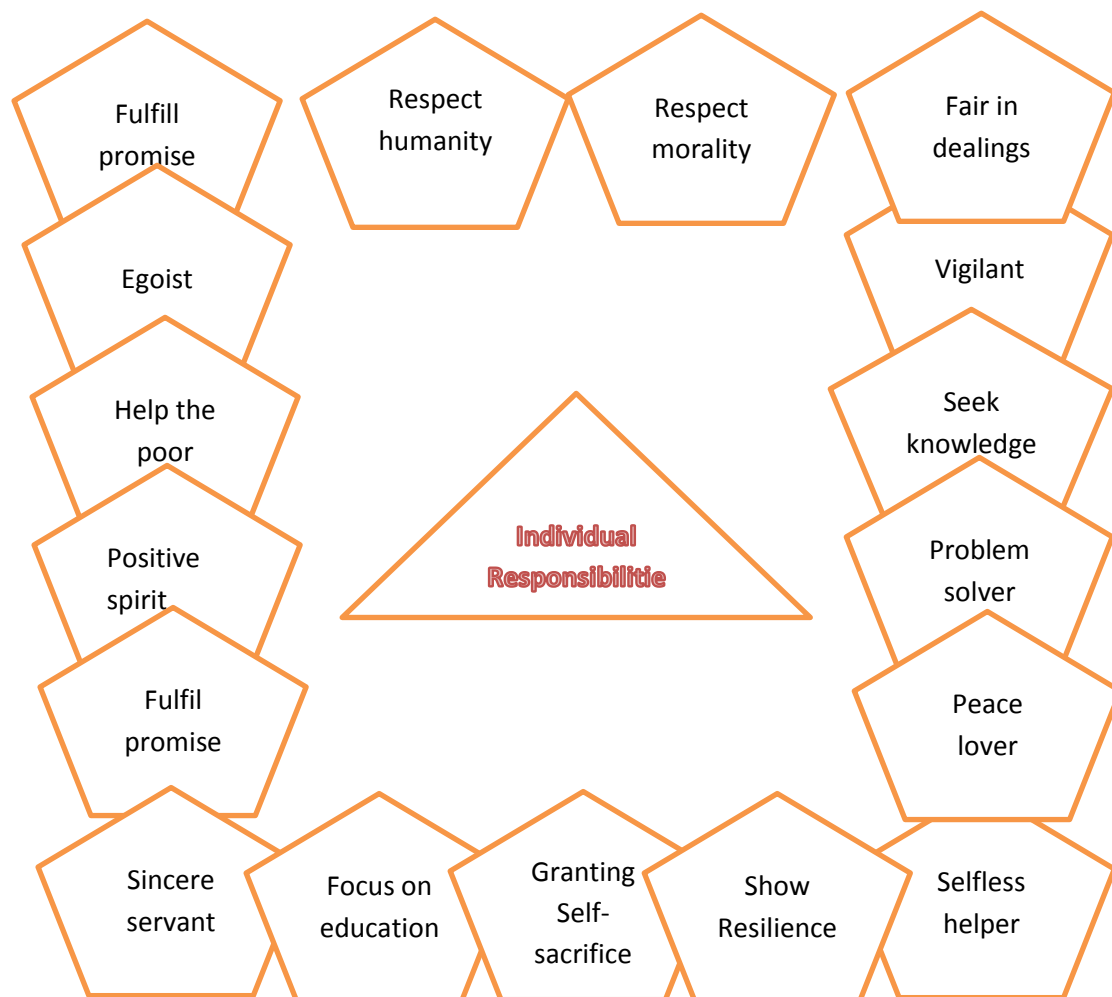


Figure 4 Thematic charting (Individuals' responsibilities)





After thematic charting, themes were demarcated and retitled. Lastly, the construal was made consequently.

**Renaming themes**

***Q- 1: Does education play its role in developing positive values in individuals in a welfare state as a change in life?***

[P17 explained that education part is important. This makes a person a contented and more answerable naturalized resident. This promotes democracy. It honors his individuality. R21 education promotes negotiation and embraces egalitarian systems, freedom of thought, communiqué, ownership, and justice that allow them to expand beyond the boundaries of class and state. The largest city of creator became a symbolic republic. P13 understood that education gives a person a sagacity of duty and cultivates responsible citizenship behaviors so that he or she can take a strong interest in community affairs and make right and wise choices. The government is controlled by brave representatives. P7 stated that education encourages a sense of responsibility and systematically prepares community members for social service. P18 responded that schooling teaches a girl how to navigate the societal construction and prepares her to face different situations. It produces trained representatives of various professions, and production specialists. Its aim is intellectual confidence and freedom from prejudice. It broadens the mind, expands discernment, increases rational objectivity, and strengthens the power of impartial judgment. It empowers man to use his great pure mind to express its interpretations creatively. This allows her to take up any position and truly serve people. Good members of the community are raining. Its resolves to strengthen the communal organization, foster public feeling, purify national feelings, widely accept true ideologies, and address widespread aspirations. It enhances people's decision-making power, increases their accuracy, and improves their thinking and reasoning skills; improves their expressiveness, and power of expression, and increases their powers of observation. P27 stated that education helps develop a person's spiritual and physical capabilities. Also practice alignment of feelings, thoughts, and actions. R22 Education builds personality which makes a man. P11 replied that a man may be a decent resident by learning through hard work. He can accomplish the impossible with his limitless vigor, unlimited enthusiasm, confidence, and hard work.]

***Q- 2: What are the attributes of individuals (meaningful changes) in a welfare state or life?***

P1 thought education teaches flexibility and tolerance of ideas. It gives hope. P 4 said education teaches them how to make money by word of mouth because begging is black. P 19 replied that a person in a welfare state should be treated as a suspect. He never accepts any betrayal, loves everyone, and is hostile to no one. He begins to forgive, but he doesn't become fragile or wise. It was not in his nature to insult anyone. He has an opinion and fights to prove it right, but he never creates unnecessary animosity by forcing his opinion. He would be the ideal of humanity, in a word; P 2 replied that people in the welfare state are people with their ideas, dreams, and destiny. They want justice and fairness. They avoid cruelty, injustice, and cruelty. In short, they are a special group of God's creatures who live a great life for the sake of humanity and who seek to establish the greatest humanity on earth throughout their lives. They are associated with their desire to make all mankind happy, to rid the earth of violence and injustice, and so on.]

***Q- 3: What are the different strategies for meaningful life of individuals in a welfare state?***

Human rights are liberty to expression, movement, property, life, work, and many more. R 24 states that rights are based on the principle of life and welfare. P 5 explained that there are six morals – neutrality, free choice, non-violence, religious freedom, and legal review; Traditional and educational rights. R26 retorted that communal, monetary, fairness, and sexual rights are fundamental rights. P 3 explained that equilibrium of rights and responsibilities is necessary; otherwise, the imbalance will lead to failure and chaos. P16 stated that these Islamic values need to be implemented by people for societal benefit as it is not being implemented in the current situation. P 6 mentioned that true republic will lead to a better society etc.]

***Q- 4: What are the responsibilities (adopted strategies) of individuals in a welfare state for decent life?***

[P 8 said that the person in the prosperous government was right in his comments. He must think for himself and never use the words he uses. He must work for others. A person must work with a constructive spirit to educate and rehabilitate the oppressed as a united and organized nation, facing various problems for the state. They must be wise and treat themselves, their families, and the state

fairly; turning to the pursuit of knowledge to become the wealth, power, and glory of their kingdom. P 10 responded that a man must be a leader, and politician. He must be forgiving and kind. P 15 responded that respect for humanity, respect for morality, and good morals can be maintained. P 23 responded that family gatherings, sacrifices for the future, and the social status of people can be respected. R25 stated that authorities and communities working together thwart criminal opportunism but also save innocent lives. P 14 stated that educational leaders can play a role because they teach students social life to live peacefully. To expand knowledge, broaden perspective, deepen logical understanding, and enhance the ability to think clearly; teaching others their duties to society. Personal justice and self-service are the basic responsibilities of a man in a welfare state. R28 made similar comments to R10 [data saturation started].

### **Presenting report**

The subsequent themes arose as results;

“The field of education increases human responsibilities, the interviews revealed new human characteristics, highlighting human rights for social harmony and human responsibilities to make human life a paradise. Core structures such as education space; personal characteristics; Individual privileges and duties were important themes that arose from the data.”

### **Conclusion**

The study as a whole shows that education plays an important role in personality development. It also recognizes human rights and duties. It develops talents, abilities, reasoning, and social qualities. Courageously confronting problems and influencing the social order of discourse.

Education develops a person's physical and spiritual abilities and prepares him for living in the social order. It shows productive and morally strong people.

According to the study, a person in a welfare state should have the following qualities – patience, hope, diligence, strong character, vision, truth, sense of justice, holiness, honesty, wisdom, honesty, good manners, respect Dialogue, law enforcement, cooperation encouraging courage, service to humanity, pure relationships, sacred actions, honesty, devotion, trust, reverence, worship, equality, tolerance, kindness, and innocence.

Human rights include cast voting, participation in elections, and faith and many more. The duties of persons in a country include keeping promises, being compassionate, serving people, having a constructive spirit, helping the poor, treating them fairly, being wise, seeking knowledge, solving problems, and loving peace. Val is selfless and passionate. Service to others, respect for humanity, respect for ethics, selflessness, and interest in education.

### **Discussion**

This study relates more broadly to the rights and responsibilities of individuals in the context of Pakistan to lead peaceful lives within the social structure. It further emphasizes the part of instruction in the expansion of human, communal and ethical values and that education is a catalyst for change and contributes to responsible citizenship. According to Barton's (2020) study, the role of community members and teachers is considered very important. Faith (2020); Dean (2020); Santani (2020); Anderson and Gibson (2020); According to Bruselius and Seleib-Kaiser (2021), education is the growth of the communal and ethical values of an individual to live peacefully in the social order, know their rights, fulfil their duties, and take responsibility for the welfare of the people. It has an important connection with protecting the lines. Malik supports the results of Bays' study (Dwyer, Scullion, Jones, McNeil, & Stewart, 2020). (Nothdurfter, 2020) points to the privileges and accountabilities of people which are indispensable for common nationality.

### **The way forward**

- 1) Leaders and teachers are encouraged to play a role in promoting societal and ethical values to prevent violence and promote peace in Pakistan.
- 2) To build resilience in the community and to develop other members of the community by involving them in social work, employment, and sports activities so that they can become true social citizens.
- 3) Educational leadership can focus on providing quality education to the youth, giving them the right direction to counter various threats and keep them safe from puppets in the hands of terrorists.
- 4) Youth can be trained in disaster preparedness as it is a social responsibility.

- 5) The main source is the communities that develop social characteristics among themselves through social cohesion, social connection, and social connections.
- 6) Interacting with people that build stronger relationships, reduce injustice and inequality, promote community commitment, and make community members productive for themselves. Training and financial assistance may be provided. Create activities.
- 7) To mobilize community support to fight against anti-social activities and create awareness and sensitization among the surrounding people to prevent the evil designs of communalists and promote communal beliefs and the philosophy of peace emerged in people's minds.

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